

MAY 2019

Agawam Public Schools

Note: Student Meal Prices \$ 2.95 / Student Milk Price \$.40

JR. HIGH SCHOOL (7&8)

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
STUDENTS CAN SUBSTITUTE: *WOW BUTTER AND FLUFF" OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	If you have any questions please call the Food Service Department (821-0559)		1 PASTA BAR CHOICE OF SAUCES GARLIC TOAST SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	2 CHEESEBURGER ON WG BUN LETTUCE AND TOMATO TATER TOTS FRESH AND CHILLED FRUIT	3 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: GRILLED CHEESE OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	6 POPCORN CHICKEN SEASONED CORN WG DINNER ROLL SMILEY FRIES FRESH & CHILLED FRUIT	7 TEXAS TOAST GRILLED CHEESE TOMATO SOUP GOLDFISH CRACKERS TATER TOTS FRESH AND CHILLED FRUIT	8 PASTA BAR CHOICE OF SAUCES GARLIC TOAST SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	9 CHICKEN PATTY ON A BUN LETTUCE AND TOMATO SEASONED GREEN BEANS L/F CAPE COD CHIPS ASSORTED FRESH AND CHILLED FRUIT	10 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: *DELUXE SALAD TO GO... *SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u>	13 MOZZARELLA STICKS WITH DIPPING SAUCE WG DINNER ROLL WHIPPED POTATOES FRESH & CHILLED FRUIT	14 FRENCH TOAST STICKS W/ SYRUP PORK SAUSAGE LINKS HASH BROWNS 100% ORANGE JUICE FRESH FRUIT	15 PASTA BAR CHOICE OF SAUCES GARLIC TOAST SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	16 MANAGER'S CHOICE ICE CREAM SANDWICH	17 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: *WOW BUTTER AND FLUFF" OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	20 CHICKEN NUGGETS WITH DIPPING SAUCE WG DINNER ROLL SEASONED RICE FRESH & CHILLED FRUIT	21 TWIN TACOS LETTUCE, SALSA, CHEESE MEXICALI CORN SEASONED RICE FRESH FRUITS	22 PASTA BAR CHOICE OF SAUCES GARLIC TOAST SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	23 BBQ CHICKEN MASHED POTATOES GREEN BEANS CORN BREAD FRESH AND CHILLED FRUIT	24 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: GRILLED CHEESE OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	27 MEMORIAL DAY NO SCHOOL	28 FRENCH TOAST STICKS W/ SYRUP PORK SAUSAGE LINKS HASH BROWNS 100% ORANGE JUICE FRESH FRUIT	29 PASTA BAR CHOICE OF SAUCES GARLIC TOAST SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	30 MANAGER'S CHOICE SUNDAE CUP	31 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.

FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.

8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON

STUDENTS CAN SUBSTITUTE: YOGURT PACK, GRILLED CHEESE SANDWICH, SANDWICH OF THE DAY OR DELUXE SALAD TO GO AS AN ALTERNATE MEAL.

PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"

BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS