<table>
<thead>
<tr>
<th>Day</th>
<th>Lunch Express</th>
<th>Specialty</th>
<th>Pizza &amp; Salads</th>
<th>Entrée Salads</th>
<th>Deli &amp; Wraps</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon - 12/2</td>
<td>12/2</td>
<td>BUFFALO CHICKEN CHUNKS</td>
<td>WHIPPED POTATOES</td>
<td>SEASONED VEGETABLE</td>
<td>WG KNOT</td>
</tr>
<tr>
<td>Tue - 12/3</td>
<td>12/3</td>
<td>BACON CHEESEBURGER</td>
<td>LETTUCE TOMATO</td>
<td>TATER TOTS</td>
<td>PASTA SALAD</td>
</tr>
<tr>
<td>Wed - 12/4</td>
<td>12/4</td>
<td>½ DAY</td>
<td>NO LUNCH</td>
<td>½ DAY</td>
<td>NO LUNCH</td>
</tr>
<tr>
<td>Thurs - 12/5</td>
<td>12/5</td>
<td>FRESH ASSORTED CALZONES</td>
<td>GARDEN SALAD</td>
<td>W/LITE DRESSING</td>
<td>FRESH &amp; CHILLED FRUIT</td>
</tr>
<tr>
<td>Fri - 12/6</td>
<td>12/6</td>
<td>SPICY CHICKEN SANDWICH</td>
<td>BAKED BEANS</td>
<td>ASSORTED FRESH FRUIT</td>
<td>ASSORTED CHILLED FRUIT</td>
</tr>
</tbody>
</table>

**OUR MEALS INCLUDE 5 COMPONENTS: GRAINS, MEAT OR MEAT ALTERNATIVE, VEGETABLES, FRUITS AND MILK. FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL. PLEASE NOTE: THE ABOVE STATIONS ARE AVAILABLE TO ALL STUDENTS PAYING WITH THEIR CARD, CASH OR THOSE PARTICIPATING IN THE FREE OR REDUCED LUNCH PROGRAM. 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR $ .50 PER UNIT.**
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### LUNCH EXPRESS

<table>
<thead>
<tr>
<th>Day</th>
<th>Lunch</th>
<th>Price</th>
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</thead>
</table>
| Mon – 12/9 | **POPCORN CHICKEN**  
ROASTED SWEET POTATOES  
SEASONED BROCCOLI  
GARLIC KNOT  
ASSORTED FRESH AND CHILLED FRUIT | $2.50 |
| Tue – 12/10 | **CHICKEN AND WAFFLES**  
WITH SYRUP  
HASH BROWNS  
ASSORTED MUFFINS  
ASSORTED FRESH FRUIT  
ASSORTED CHILLED FRUIT |       |
| Wed – 12/11 | **CHICKEN FILLET WRAP**  
WITH ASSORTED SAUCE  
* SERVED W/LETTUCE  
TOMATO & CHEESE  
*SIDE OF COLE SLAW  
FRESH & CHILLED FRUIT |       |
| Thurs – 12/12 | **FRESH ASSORTED CALZONES**  
GARDEN SALAD  
W/LITE DRESSING  
FRESH & CHILLED FRUIT |       |
| Fri – 12/13 | **SPICY CHICKEN SANDWICH**  
CURLY FRIES  
SEASONED CARROTS  
ASSORTED FRESH FRUIT  
ASSORTED CHILLED FRUIT |       |

### Specialty

<table>
<thead>
<tr>
<th>Day</th>
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<th>Price</th>
</tr>
</thead>
</table>
| Mon – 12/9 | **SEASONED GROUND BEEF**  
LETTUCE, TOMATO, SALSA,  
CHEESE  
CORN AND BLACKBEAN SALAD  
ASSORTED FRESH FRUIT  
ASSORTED CHILLED FRUIT | $2.50 |
| Tue – 12/10 | **GRILLED CHEESE AND TOMATO SOUP**  
GOLDFISH CRACKERS  
TATER TOTS  
ASSORTED FRESH FRUIT  
ASSORTED CHILLED FRUIT |       |
| Wed – 12/11 | **CHICKEN FILLET WRAP**  
WITH ASSORTED SAUCE  
* SERVED W/LETTUCE  
TOMATO & CHEESE  
*SIDE OF COLE SLAW  
FRESH & CHILLED FRUIT |       |
| Thurs – 12/12 | **PASTA WITH MEATBALLS**  
GARLIC KNOT  
SEASONED VEGETABLE  
ASSORTED FRESH FRUIT  
ASSORTED CHILLED FRUIT |       |
| Fri – 12/13 | **CHICKEN PARMESAN GRINDER**  
CELERY STICKS WITH RANCH  
POTATO WEDGES  
ASSORTED FRESH AND CHILLED FRUIT |       |

### Pizza & Salads

<table>
<thead>
<tr>
<th>Day</th>
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<th>Price</th>
</tr>
</thead>
</table>
| Mon – 12/9 | **CHEESE PIZZA**  
OR PEPPERONI PIZZA  
GARDEN SALAD  
W/LITE DRESSING  
FRESH & CHILLED FRUIT | $2.50 |
| Tue – 12/10 | **FRENCH BREAD PIZZA**  
CHEESE OR MEAT  
GARDEN SALAD  
W/LITE DRESSING  
FRESH & CHILLED FRUIT |       |
| Wed – 12/11 | **STUFFED CRUST PIZZA**  
GARDEN SALAD  
W/LITE DRESSING  
FRESH & CHILLED FRUIT |       |
| Thurs – 12/12 | **FRESH ASSORTED CALZONES**  
GARDEN SALAD  
W/LITE DRESSING  
FRESH & CHILLED FRUIT |       |
| Fri – 12/13 | **CHEESE PIZZA**  
OR ASSORTED PIZZA  
GARDEN SALAD  
W/LITE DRESSING  
FRESH & CHILLED FRUIT |       |

### Entrée Salads

<table>
<thead>
<tr>
<th>Day</th>
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<th>Price</th>
</tr>
</thead>
</table>
| Mon – 12/9 | **CHICKEN CAESAR SALAD**  
ON A BED OF GREENS...  
4 VEGETABLE CHOICES  
ADDITIONAL TOPPING  
WHOLE WHEAT DINNER ROLL | $2.50 |
| Tue – 12/10 | **BUFFALO POPCORN CHICKEN SALAD**  
ON A BED OF GREENS...  
4 VEGETABLE CHOICES  
ADDITIONAL TOPPING  
WHOLE WHEAT DINNER ROLL |       |
| Wed – 12/11 | **LOW FAT COTTAGE CHEESE SALAD**  
ON A BED OF GREENS...  
4 VEGETABLE CHOICES  
ADDITIONAL TOPPING  
WHOLE WHEAT DINNER ROLL |       |
| Thurs – 12/12 | **ORIGINAL POPCORN CHICKEN SALAD**  
ON A BED OF GREENS...  
4 VEGETABLE CHOICES  
ADDITIONAL TOPPING  
WHOLE WHEAT DINNER ROLL |       |
| Fri – 12/13 | **ANNA’S SPECIALITY SALAD**  
ON A BED OF GREENS...  
4 VEGETABLE CHOICES  
TOPPING AVAILABLE DAILY  
WHOLE WHEAT DINNER ROLL |       |

### Deli & Wraps

<table>
<thead>
<tr>
<th>Day</th>
<th>Lunch</th>
<th>Price</th>
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</thead>
</table>
| Mon – 12/9 | **HAM AND CHEESE**  
WITH ASSORTED SAUCE  
* SERVED W/LETTUCE  
TOMATO & CHEESE  
*SIDE OF PASTA SALAD  
FRESH & CHILLED FRUIT | $2.50 |
| Tue – 12/10 | **TURKEY AND CHEESE WRAP**  
WITH ASSORTED SAUCE  
* SERVED W/LETTUCE  
TOMATO & CHEESE  
*SIDE OF PASTA SALAD  
FRESH & CHILLED FRUIT |       |
| Wed – 12/11 | **CHICKEN FILLET WRAP**  
WITH ASSORTED SAUCE  
* SERVED W/LETTUCE  
TOMATO & CHEESE  
*SIDE OF PASTA SALAD  
FRESH & CHILLED FRUIT |       |
| Thurs – 12/12 | **HAM AND CHEESE**  
WRAP OF THE DAY  
W/ ASSORTED SAUCE  
* SERVED W/LETTUCE  
TOMATO & CHEESE  
*SIDE OF PASTA SALAD  
FRESH & CHILLED FRUIT |       |
| Fri – 12/13 | **HAMBURGER & CHEESE**  
OR WRAP OF THE DAY  
W/ ASSORTED SAUCE  
* SERVED W/LETTUCE  
TOMATO & CHEESE  
*SIDE OF PASTA SALAD  
FRESH & CHILLED FRUIT |       |