

# Are you a youth or young adult looking for support?



**Do you need a place to be yourself without judgement?  
Connect to resources for jobs, housing, education and more!**

The Impact Center is open to youth and young adults **ages 16-21**.  
Services are informal, flexible, safe, welcoming to diversity, and  
committed to supporting youth in achieving their own goals.

**The support you need is here!**

Speak to our **onsite Peer Mentor or Recovery Navigator**  
or come check out our weekly agenda to see what might interest you.

Free WiFi  
Housing Resources

Book Lounge  
Resume Building

Media Lab  
Health and Wellness

Independent Life Skills  
Benefits Navigation

**Monday-10 a.m. - 5 p.m.**  
**Tuesday-10 a.m. - 6 p.m.**  
**(Tuesday Support Groups 3:30p.m.-6:00p.m.)**  
**Wednesday-10 a.m. - 5 p.m.**  
**Thursday-10 a.m. - 6 p.m.**

Connect with us!

Facebook: [www.facebook.com/impactaccesscenter](http://www.facebook.com/impactaccesscenter)

Instagram: [ImpactCenterSpringfield](https://www.instagram.com/ImpactCenterSpringfield)

41 Taylor St. Springfield, MA

413-654-1566

