


DECEMBER 2019

Agawam Public Schools

Note: Student Meal Prices \$ 2.95 / Student Milk Price \$.40

JR. HIGH SCHOOL (7&8)

	<u>MONDAY</u> 2	<u>TUESDAY</u> 3	<u>WEDNESDAY</u> 4	<u>THURSDAY</u> 5	<u>FRIDAY</u> 6
<p>DON'T LIKE WHAT'S ON THE MENU HERE ARE OUR WEEKLY ADDITIONS</p> 	<p>TEXAS TOAST GRILLED CHEESE CARROT STICKS TOMATO SOUP GOLDFISH CRACKERS ASSORTED FRESH FRUIT</p>	<p>HAMBURGER/CHEESEBURGER LETTUCE AND TOMATO OVEN BAKED FRIES CHICK PEA SALAD ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT</p>	<p>1/2 DAY NO LUNCH</p>	<p>PASTA WITH MEATBALLS GARLIC TOAST SEASONED BROCCOLI ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT</p>	<p>"ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE</p>
<p>STUDENTS CAN SUBSTITUTE: *DELUXE SALAD TO GO... *SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u></p>	<p>9 POPCORN CHICKEN WITH DIPPING SAUCE WHIPPED POTATOES GARLIC KNOT FRESH & CHILLED FRUIT</p>	<p>10 MEATBALL GRINDER MOZZARELLA CHEESE CELERY STICK WITH RANCH L/F CAPE COD CHIPS ASSORTED FRUIT</p>	<p>11 PASTA WITH MEATSAUCE GARLIC KNOT SEASONED GREEN BEANS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT</p>	<p>12 SPICY CHICKEN PATTY SWEET POT. FRIES SEASONED BROCCOLI APPLE SLICES ICE CREAM CUP ASSORTED FRUITS</p>	<p>13 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE</p>
<p>STUDENTS CAN SUBSTITUTE: *DELUXE SALAD TO GO... *SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u></p>	<p>16 CHICKEN NUGGETS WITH DIPPING SAUCE WG KNOT TATER TOTS FRESH & CHILLED FRUIT</p>	<p>17 FRENCH TOAST STICKS WITH SYRUP HASHBROWNS TURKEY SAUSAGE ASSORTED FRESH FRUIT 100% ORANGE JUICE</p>	<p>18 PASTA WITH MEATBALLS GARLIC TOAST SEASONED BROCCOLI ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT</p>	<p>19 OVEN ROASTED TURKEY SEASONED CORN WHIPPED POTATOES DINNER ROLL FRESH AND CHILLED FRUIT</p>	<p>20 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE</p>
<p>STUDENTS CAN SUBSTITUTE: *DELUXE SALAD TO GO... *SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u></p>	<p>23 WINTER BREAK NO SCHOOL</p>	<p>24 WINTER BREAK NO SCHOOL</p>	<p>25 WINTER BREAK NO SCHOOL</p>	<p>26 WINTER BREAK NO SCHOOL</p>	<p>27 WINTER BREAK NO SCHOOL</p>
<p>STUDENTS CAN SUBSTITUTE: *DELUXE SALAD TO GO... *SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u></p>	<p>30 WINTER BREAK NO SCHOOL</p>	<p>31 WINTER BREAK NO SCHOOL</p>	<p><u>HAPPY NEW YEAR!!!</u> <u>WELCOME 2020!!!</u></p>	<p>Make sure you create an account for the POS. You can download the app. To your smart phone. www.myschoolaccount.com</p>	<p><u>PLEASE NOTE THAT IF MONEY IS OWED TO THE FOOD SERVICE DEPARTMENT. THIS MENU MIGHT NOT BE AVAILABLE TO YOU.</u> <u>CALL 413-821-0559 TO FIND OUT</u></p>

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.
 FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.
 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON
 STUDENTS CAN SUBSTITUTE: YOGURT PACK, GRILLED CHEESE SANDWICH, SANDWICH OF THE DAY OR DELUXE SALAD TO GO AS AN ALTERNATE MEAL.
 PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"
 BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS