






# JUNE 2019

# Agawam Public Schools Senior High School Lunch Menu (9-12)

**Note: Student Meal Prices \$ 2.95 Student Milk Price \$.50**

<b>LUNCH EXPRESS</b>  \$2.50	<b>Mon - 6/3</b> <u>POPCORN CHICKEN</u> WITH DIPPING SAUCE OVEN BAKED FRIES SEASONED CARROTS DINNER ROLL ASSORTED FRESH FRUIT FRESH & CHILLED FRUIT	<b>Tue - 6/4</b> <u>FRENCH TOAST STICKS</u> W/ SYRUP HASH BROWNS PORK SAUSAGE ASSORTED FRUIT ASSORTED FRESH FRUIT	<b>Wed - 6/5</b> <u>CHICKEN FILLET WRAP</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATO & CHEESE *SIDE OF PASTA SALAD FRESH & CHILLED FRUIT	<b>Thurs - 6/6</b> <u>FRESH ASSORTED CALZONES</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	<b>Fri - 6/7</b> <u>SPICY CHICKEN PATTY</u> OVEN BAKED FRIES SEASONED VEGETABLE ASSORTED FRESH FRUIT FRESH & CHILLED FRUIT
<b>Specialty</b>  \$2.50	<u>MOZZARELLA STICKS</u> WITH DIPPING SAUCE WHIPPED POTATOES GARLIC KNOW ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	<u>LOADED NACHOS</u> LETTUCE, TOMATO, AND SALSA SEASONED RICE CARROTS FRESH AND CHILLED FRUIT BREAD STICK	<u>CHICKEN FILLET WRAP</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATO & CHEESE *SIDE OF PASTA SALAD FRESH & CHILLED FRUIT	<u>PASTA WITH MEATSAUCE</u> GARLIC TOAST SEASONED VEGETABLE ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	<u>BACON CHEESEBURGER</u> OVEN BAKED FRIES GREEN BEANS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT
<b>Pizza &amp; Salads</b>  \$2.50	<u>CHEESE PIZZA</u> OR <u>PEPPERONI PIZZA</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	<u>FRENCH BREAD PIZZA</u> <u>CHEESE OR MEAT</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	<u>STUFFED CRUST PIZZA</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	<u>FRESH ASSORTED CALZONES</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	<u>CHEESE PIZZA</u> OR <u>ASSORTED PIZZA</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT
<b>Entrée Salads</b>  \$2.50	<u>CHICKEN CAESAR SALAD</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES ADDITIONAL TOPPING WHOLE WHEAT DINNER ROLL	<u>BUFFALO POPCORN CHICKEN SALAD</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES ADDITIONAL TOPPING WHOLE WHEAT DINNER ROLL	<u>LOW FAT COTTAGE CHEESE</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES ADDITIONAL TOPPING WHOLE WHEAT DINNER ROLL	<u>ORIGINAL POPCORN CHICKEN SALAD</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES ADDITIONAL TOPPING WHOLE WHEAT DINNER ROLL	<u>ANNA'S SPECIALITY SALAD</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES TOPPING AVAILABLE DAILY WHOLE WHEAT DINNER ROLL
<b>Deli &amp; Wraps</b>  \$2.50	<u>HAM AND CHEESE</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATOE & CHEESE *SIDE OF PASTA SALAD FRESH & CHILLED FRUIT	<u>TURKEY AND CHEESE WRAP</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATO & CHEESE *SIDE OF PASTA SALAD FRESH & CHILLED FRUIT	<u>CHICKEN FILLET WRAP</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATO & CHEESE *SIDE OF PASTA SALAD FRESH & CHILLED FRUIT	<u>HAM AND CHEESE OR TURKEY WRAP</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATOE & CHEESE *SIDE OF COLE SLAW FRESH & CHILLED FRUIT	<u>HAM AND CHEESE OR WRAP OF THE DAY</u> W/ ASSORTED SAUCE * SERVED W/LETTUCE TOMATO & CHEESE *SIDE VEG OF THE DAY FRESH & CHILLED FRUIT

**OUR MEALS INCLUDE 5 COMPONENTS: GRAINS, MEAT OR MEAT ALTERNATIVE, VEGETABLES, FRUITS AND MILK. FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL. PLEASE NOTE: THE ABOVE STATIONS ARE AVAILABLE TO ALL STUDENTS PAYING WITH THEIR CARD, CASH OR THOSE PARTICIPATING IN THE FREE OR REDUCED LUNCH PROGRAM. 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$ .50 PER UNIT**