

FEBRUARY 2019

Agawam Public Schools

Note: Student Meal Prices \$ 2.70 / Student Milk Price \$.40

JUNIOR HIGH SCHOOL (7&8)

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
STUDENTS CAN SUBSTITUTE: *WOW BUTTER AND FLUFF" OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	If you have any questions please call the Food Service Department (821-0559)				1 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: GRILLED CHEESE OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	4 MOZZARELLA STICKS WITH DIPPING SAUCE WG DINNER ROLL WHIPPED POTATOES FRESH & CHILLED FRUIT	5 FRENCH TOAST STICKS HASHBROWNS PORK SAUSAGE ORANGE GRINS 100% JUICE NOAH H'S MENU	6 PASTA BAR WITH MEATSAUCE OR ALFREDO GARLIC KNOT SEASONED BROCCOLI ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	7 TEXAS TOAST GRILLED CHEESE TOMATO SOUP SWEET POTATO FRIES GOLDFISH CRACKERS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	8 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: *DELUXE SALAD TO GO... *SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u>	11 CHICKEN NUGGETS WITH DIPPING SAUCE SEASONED RICE CARROT STICKS AND RANCH ASSORTED FRUITS	12 BBQ RIB-B-QUE ON WG SUB ROLL VEGETARIAN BAKED BEANS TATER TOTS CELERY STICKS AND RANCH FRESH FRUIT	13 CHICKEN TENDERS SPIRAL FRIES CELERY AND RANCH ASSORTED FRESH AND CHILLED FRUIT WACKY CAKE!!!	14 OVEN ROASTED TURKEY WHIPPED POTATOES SEASONED GREEN BEANS DINNER ROLL ASSORTED FRUIT	15 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: *WOW BUTTER AND FLUFF" OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	18 NO SCHOOL WINTER VACATION	19 NO SCHOOL WINTER VACATION	20 NO SCHOOL WINTER VACATION	21 NO SCHOOL WINTER VACATION	22 NO SCHOOL WINTER VACATION
STUDENTS CAN SUBSTITUTE: GRILLED CHEESE OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	25 POPCORN CHICKEN BOWL SEASONED CORN WG DINNER ROLL WHIPPED POTATOES FRESH & CHILLED FRUIT	26 TWIN TACOS LETTUCE, TOMATO, SALSA AND CHEESE SPANISH RICE R/F DORITOS FRESH AND CHILLED FRUIT	27 PASTA WITH MEATBALLS GARLIC BREAD SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	28 CHICKEN AND WAFFLES WITH SYRUP HASHBROWNS ASSORTED CHILLED FRUIT ORANGE SEGMENTS	If you have any questions please call the Food Service Department (821-0559)

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.

FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.

8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON

STUDENTS CAN SUBSTITUTE: YOGURT PACK, GRILLED CHEESE SANDWICH, SANDWICH OF THE DAY OR DELUXE SALAD TO GO AS AN ALTERNATE MEAL.

PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"

BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS