






DECEMBER 2018

Agawam Public Schools

Note: Student Meal Prices \$ 2.95 Student Milk Price \$.50

Senior High School Lunch Menu (9-12)

LUNCH EXPRESS  \$2.50	Mon - 12/3 <u>CHICKEN PARMESAN ON A BUN</u> SEASONED CARROTS FRENCH FRIES ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	Tue - 12/4 <u>FRENCH TOAST STICKS</u> WITH SYRUP HASH BROWNS PORK SAUSAGE LINKS ASSORTED FRESH FRUIT FRESH & CHILLED FRUIT	Wed - 12/5 ½ DAY NO LUNCH	Thurs - 12/6 <u>FRESH ASSORTED CALZONES</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	Fri - 12/7 <u>BACON CHEESEBURGER</u> LETTUCE AND TOMATO CHICKPEA SALAD SIDEWINDERS ASSORTED FRESH FRUIT FRESH & CHILLED FRUIT
INCLUSIVE WEEK! Specialty  \$2.50	<u>ORANGE CHICKEN</u> OVER ASIAN RICE OREINTAL VEGETABLES ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT FORTUNE COOKIE	<u>TWIN TACOS</u> LETTUCE, TOMATO, SALSA, CHEESE SPANISH RICE GREEN BEANS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	½ DAY NO LUNCH	<u>KEILBASA WITH PEPPERS AND ONIONS</u> PIEROGIES DINNER ROLL ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	<u>PASTA WITH MEATBALLS</u> GARLIC TOAST VEGETABLE MEDLEY ASSORTED FRESH FRUIT FRESH & CHILLED FRUIT
Pizza & Salads  \$2.50	<u>CHEESE PIZZA</u> OR <u>PEPPERONI PIZZA</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	<u>FRENCH BREAD PIZZA</u> <u>CHEESE OR MEAT</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	½ DAY NO LUNCH	<u>FRESH ASSORTED CALZONES</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT	<u>CHEESE PIZZA</u> OR <u>ASSORTED PIZZA</u> GARDEN SALAD W/LITE DRESSING FRESH & CHILLED FRUIT
Entrée Salads  \$2.50	<u>CHICKEN CAESAR SALAD</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES ADDITIONAL TOPPING WHOLE WHEAT DINNER ROLL	<u>BUFFALO POPCORN CHICKEN SALAD</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES ADDITIONAL TOPPING WHOLE WHEAT DINNER ROLL	½ DAY NO LUNCH	<u>ORIGINAL POPCORN CHICKEN SALAD</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES ADDITIONAL TOPPING WHOLE WHEAT DINNER ROLL	<u>ANNA'S SPECIALITY SALAD</u> ON A BED OF GREENS... 4 VEGETABLE CHOICES TOPPING AVAILABLE DAILY WHOLE WHEAT DINNER ROLL
Deli & Wraps  \$2.50	<u>HAM AND CHEESE</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATOE & CHEESE *SIDE OF PASTA SALAD FRESH & CHILLED FRUIT	<u>TURKEY AND CHEESE WRAP</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATO & CHEESE *SIDE OF PASTA SALAD FRESH & CHILLED FRUIT	½ DAY NO LUNCH	<u>HAM AND CHEESE</u> OR <u>TURKEY WRAP</u> WITH ASSORTED SAUCE * SERVED W/LETTUCE TOMATOE & CHEESE *SIDE OF COLE SLAW FRESH & CHILLED FRUIT	<u>HAM AND CHEESE</u> OR <u>WRAP OF THE DAY</u> W/ ASSORTED SAUCE * SERVED W/LETTUCE TOMATO & CHEESE *SIDE VEG OF THE DAY FRESH & CHILLED FRUIT

OUR MEALS INCLUDE 5 COMPONENTS: GRAINS, MEAT OR MEAT ALTERNATIVE, VEGETABLES, FRUITS AND MILK. FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL. PLEASE NOTE: THE ABOVE STATIONS ARE AVAILABLE TO ALL STUDENTS PAYING WITH THEIR CARD, CASH OR THOSE PARTICIPATING IN THE FREE OR REDUCED LUNCH PROGRAM. 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.50 PER UNIT