



JANUARY 2020

Agawam Public Schools

Note: Student Meal Prices \$ 2.95 / Student Milk Price \$.40

Junior High School (7-8)

	Monday	Tuesday	Wednesday	Thursday	Friday
DON'T LIKE WHAT'S ON THE MENU HERE ARE OUR WEEKLY ADDITIONS	PLEASE NOTE THAT IF MONEY IS OWED TO THE FOOD SERVICE DEPARTMENT, THIS MENU MIGHT NOT BE AVAILABLE TO YOU. CALL 413-821-0559 TO FIND OUT	Make sure you create an account for the POS. You can download the app. To your smart phone. www.myschoolaccount.com		2 MOZZARELLA STICKS W/ DIPPING SAUCE WHIPPED POTATOES SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	3 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: **DELUXE SALAD TO GO... *SANDWICH OF THE DAY... AS A MAIN MEAL	6 POPCORN CHICKEN W/ DIPPING SAUCE STEAMED RICE 4 WAY MIXED VEGETABLES FRESH & CHILLED FRUIT	7 MINI PANCAKES W/ SYRUP HASH BROWN PORK SAUSAGE ASSORTED FRESH FRUIT 100% ORANGE JUICE	8 PASTA W/ MEATSAUCE GARLICK KNOT STEAMED BROCCOLI ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	9 HAMBURGER OR CHEESEBURGER LETTUCE AND TOMATO OVEN FRIES CHICKPEA SALAD FRESH & CHILLED FRUIT	10 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: **DELUXE SALAD TO GO... *SANDWICH OF THE DAY... AS A MAIN MEAL	13 CHICKEN NUGGETS TATER TOTS GREEN BEANS FRESH & CHILLED FRUIT	14 TEXAS TOAST GRILLED CHEESE CARROT STICKS TOMATO SOUP GOLDFISH CRACKERS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	15 PASTA W/ MEAT SAUCE GARLIC KNOT CORN ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	16 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	17  HALF DAY FOR STUDENTS DISTRICT PROFESSIONAL DEVELOPMENT DAY
STUDENTS CAN SUBSTITUTE: **DELUXE SALAD TO GO... *SANDWICH OF THE DAY... AS A MAIN MEAL	20 Holiday No School	21 FRENCH TOAST STICKS TURKEY SAUSAGE HASH BROWN ASSORTED FRESH FRUIT 100% ORANGE JUICE	22 PASTA W/ MEATBALLS GARLIC KNOT BROCCOLI ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	23 MINI CORD DOGS FRENCH FRIES SEASONED CARROTS FRESH & CHILLED FRUIT	24 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: **DELUXE SALAD TO GO... *SANDWICH OF THE DAY... AS A MAIN MEAL	27 POPCORN CHICKEN STEAMED RICE PEAS FRESH & CHILLED FRUIT	28 MOZZARELLA STICKS WHIPPED POTATOES CORN ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	29 PASTA W/ MEATSAUCE GARLIC KNOT GREEN BEANS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	30 CHICKEN PATTY RF DORITOS CHICKPEA SALAD FRESH & CHILLED FRUIT	31 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.
 FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.
 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON
 STUDENTS CAN SUBSTITUTE: YOGURT PACK, DELUXE SALAD TO GO, SANDWICH OF THE DAY AND DAILY SPECIALS AS AN ALTERNATE MEAL.
 IF PAYING BY CHECK, PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"
 BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS