**OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK. FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL. 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR $.40 PER CARTON**

**STUDENTS CAN SUBSTITUTE: YOGURT PACK, GRILLED CHEESE SANDWICH, SANDWICH OF THE DAY OR DELUXE SALAD TO GO AS AN ALTERNATE MEAL.**

**PLEASE MAKE CHECKS PAYABLE TO “AGAWAM SCHOOL LUNCH DEPARTMENT”**

**BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A $25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS**

**NOVEMBER 2019**

**Agawam Public Schools**

**ELEMENTARY SCHOOL (K-4)**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td><strong>DON'T LIKE WHAT'S ON THE MENU HERE ARE OUR WEEKLY ADDITIONS</strong></td>
<td><strong>PLEASE NOTE THAT IF MONEY IS OWED TO THE FOOD SERVICE DEPARTMENT THIS MENU MIGHT NOT BE AVAILABLE TO YOU CALL 413-821-0559 TO FIND OUT</strong></td>
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- **Monday:** Make sure you create an account for the POS. You can download the app to your smartphone. [www.myschoolaccount.com](http://www.myschoolaccount.com)
- **Tuesday:** Please note that if money is owed to the food service department, this menu might not be available to you. Call 413-821-0559 to find out.
- **Wednesday:** Students can substitute: Deluxe salad to go... as a main meal.
- **Thursday:** Students can substitute: Deluxe salad to go... as a main meal.
- **Friday:** Students can substitute: Deluxe salad to go... as a main meal.