

NOVEMBER 2018

Agawam Public Schools

Note: Student Meal Prices \$ 2.95 / Student Milk Price \$.40

JR. HIGH SCHOOL (7&8)

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
STUDENTS CAN SUBSTITUTE: *WOW BUTTER AND FLUFF* OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	If you have any questions please call the Food Service Department (821-0559)	<u>PLEASE NOTE THAT IF MONEY IS OWED TO THE FOOD SERVICE DEPARTMENT. THIS MENU MIGHT NOT BE AVAILABLE TO YOU. CALL 413-821-0559 TO FIND OUT</u>	PASTA WITH MEATBALLS GARLIC TOAST SEASONED GREEN BEANS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	1 CHICKEN PATTY ON A BUN LETTUCE AND TOMATO TATER TOTS ASSORTED FRESH FRUIT <i>FRUIT CUP</i>	2 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: GRILLED CHEESE OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	5 BUFFALO CHICKEN CHUNKS WITH DIPPING SAUCE CELERY STICKS AND RANCH WHIPPED POTATOES ASSORTED FRUIT	6 ELECTION DAY NO SCHOOL	7 STEAK AND CHEESE PASTA GARLIC KNOT SEASONED BROCCOLI ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	8 GRILLED CHEESE TOMATO SOUP CELERY AND RANCH GOLDFISH CRACKERS APPLE SLICES <i>AND</i> COOKIE <i>ABBY D'S MENU</i>	9 "UNO'S" PIZZA ROUND SALAD WITH LIGHT DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: *DELUXE SALAD TO GO... *SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u>	12 VETERAN'S DAY NO SCHOOL	13 FRENCH TOAST STICKS WITH SYRUP HASHBROWNS PORK SAUSAGE ASSORTED FRESH FRUIT 100% ORANGE JUICE	14 PASTA WITH MEATBALLS GARLIC TOAST SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	15 TURKEY DINNER OVEN ROASTED TURKEY WITH GRAVY MASHED POTATOES AND STUFFING GREEN BEANS ASSORTED PIES	16 "ULTRA-GRAIN" STUFFED CRUST CHEESE PIZZA SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE
STUDENTS CAN SUBSTITUTE: *WOW BUTTER AND FLUFF* OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	19 MOZZARELLA STICKS WITH DIPPING SAUCE WG DINNER ROLL TATER TOTS FRESH & CHILLED FRUIT	20 PASTA WITH MEATSAUCE GARLIC KNOT SEASONED BROCCOLI ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	21 ½ DAY NO LUNCH	22 THANKSGIVING BREAK	23 THANKSGIVING BREAK
STUDENTS CAN SUBSTITUTE: GRILLED CHEESE OR YOGURT PACK <u>AS A MAIN MEAL!!</u>	26 CHICKEN BOWL POPCORN CHICKEN MASHED POTATOES SEASONED CORN DINNER ROLL FRESH & CHILLED FRUIT	27 CHICKEN AND WAFFLES WITH SYRUP HASHBROWNS ASSORTED FRESH FRUIT ASSORTED WHOLE FRUIT	28 PASTA WITH MEATBALLS GARLIC TOAST SEASONED CARROTS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	29 BACON CHEESEBURGER OVEN BAKED FRIES BAKED BEANS ASSORTED FRESH FRUIT ASSORTED CHILLED FRUIT	30 "UNO'S" PIZZA ROUND SALAD WITH LIGHT DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.

FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.

8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON

STUDENTS CAN SUBSTITUTE: YOGURT PACK, GRILLED CHEESE SANDWICH, SANDWICH OF THE DAY OR DELUXE SALAD TO GO AS AN ALTERNATE MEAL.

PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"

BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS